
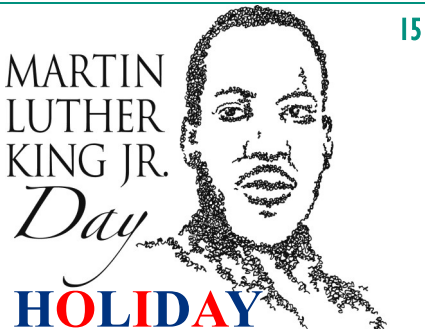



Escambia County Senior Dining Site Activities - January 2018

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>1 All Sites Open M-F 9:00-12:00 1-18) Reading 1) Bingo, Music 5) Exercise 6) Bingo 7, 10, 18) Games</p>	<p>2 All Sites Open M-F 9:00-12:00 1-18) Reading 1) Bingo, Music 5) Exercise 6) Bingo 7, 10, 18) Games</p>	<p>3 All Sites Open M-F 9:00-12:00 1-18) Reading 2) Movie 3, 5, 10, 18) Bingo 7) Exercise</p>	<p>4 All Sites Open M-F 9:00-12:00 1-18) Reading 1) Bingo, Music, BP Check 2) Speaker: Muscle Tone as We Age 4) Crafts w/ Margaret 5) Exercise</p>	<p>5 All Sites Open M-F 9:00-12:00 1-18) Reading 1) Singing w/ Mark 2) Bingo, Music 4, 18) Bingo 7) Games Exercise 10) Games 15) Music</p>
<p>8 All Sites Open M-F 9:00-12:00 1-18) Reading 1) Bingo, Music 2, 5, 10, 18) Games 5) Exercise 8) Video 10) Bingo</p>	<p>9 All Sites Open M-F 9:00-12:00 1-18) Reading 1) Bingo, Music, Mission In Motion, 9:30-11:30 (Heart Health) 4) Speaker: Nutrition 5) Exercise 6) Bingo 10) Speaker: Five Wishes 7, 10, 18) Games 18) Singing w/ Jim</p>	<p>10 All Sites Open M-F 9:00-12:00 1-18) Reading 2) Movie 3, 5, 10, 18) Bingo 7) Exercise 8) Mission in Motion 9:30-11:30 (Heart Health)</p>	<p>11 All Sites Open M-F 9:00-12:00 1-18) Reading 1) Bingo, Music, BP Check 5) Exercise 8) Crafts w/ Margaret (CD Cases) 14) Speaker: Abuse</p>	<p>12 All Sites Open M-F 9:00-12:00 1-18) Reading 1) Singing w/ Mark 2) Bingo, Music 4, 18) Bingo 7) Games, Exercise 10) Games 15) Music</p>
 <p>15 All Sites Open M-F 9:00-12:00 1-18) Reading 18) Speaker: Five Wishes 1) Crafts w/ Margaret 4, 10) Games: ARC 10th Ave. Crafts 5) Games, Puzzles, Exercise 6) Speaker: Muscle Tone as We Age 7) Speaker: Nutrition</p>	<p>16 All Sites Open M-F 9:00-12:00 1-18) Reading 18) Speaker: Five Wishes 1) Crafts w/ Margaret 4, 10) Games: ARC 10th Ave. Crafts 5) Games, Puzzles, Exercise 6) Speaker: Muscle Tone as We Age 7) Speaker: Nutrition</p>	<p>17 All Sites Open M-F 9:00-12:00 1-18) Reading 2, 3, 4, 5, 10, 18) Bingo 2, 7) Exercise</p>	<p>18 All Sites Open M-F 9:00-12:00 1-18) Reading 1) Bingo 2) Crafts, Music, BP Check 5) Exercise</p>	<p>19 All Sites Open M-F 9:00-12:00 1-18) Reading 1) Singing w/ Mark 2) Bingo, Music 4, 18) Bingo 6) BP Check 7) Exercise</p>
<p>22 All Sites Open M-F 9:00-12:00 1-18) Reading 2) Puzzles, Music 4, 10) Bingo 5, 18) Games 6) Word Puzzles 7) Exercise 8) Video</p>	<p>23 All Sites Open M-F 9:00-12:00 1-18) Reading 2) Bingo, Music 5) Exercise 6) Bingo, Crafts 10) Speaker: VA Benefits 7, 10, 18) Games 18) Speaker: Muscle Tone as We Age</p>	<p>24 All Sites Open M-F 9:00-12:00 1-18) Reading 2) Bingo, Music 3) Speaker: Nutrition 5) Exercise 6) Bingo 7, 10, 18) Games</p>	<p>25 All Sites Open M-F 9:00-12:00 1-18) Reading 2) Bingo, Music 10) Games</p>	<p>26 All Sites Open M-F 9:00-12:00 1-18) Reading 1) Singing w/ Mark 2) Bingo, Music 4, 18) Bingo 6) BP Check 7) Exercise 10) Games</p>
<p>29 All Sites Open M-F 9:00-12:00 1-18) Reading 2) Puzzles, Music 4, 10) Bingo 5, 18) Games 6) Word Puzzles 7) Exercise 8) Video 14) Speaker: Nutrition</p>	<p>30 All Sites Open M-F 9:00-12:00 1-18) Reading 1) Speaker: Muscle Tone as We Age 2) Bingo, Music 5) Exercise, Speaker: Nutrition 6) Bingo, Crafts w/ Margaret 7, 10, 18) Games 18) Crafts</p>	<p>31 All Sites Open M-F 9:00-12:00 1-18) Reading 2) Bingo, Music 5) Exercise 6, 18) Bingo 7, 10, 18) Games</p>	 <p>Corporation for NATIONAL & COMMUNITY SERVICE</p>	 <p>Northwest Florida Area Agency on Aging, Inc. "Improving the quality of life for elders" since 1979</p>  <p>DEPARTMENT OF ELDER AFFAIRS STATE OF FLORIDA</p>

ESCAMBIA COUNTY

Site 1

Gull Point Community Center
7000 Spanish Trail
(850) 494-7360

Site 2

Mary K. Young-Wedgewood Community Center
6405 Wagner Rd.
(850) 471-6137

Site 3

Johnson Lakes Apartments
1400 E. Johnson W., 2nd FL
(850) 477-2536

Site 4

Fricker Community Center
900 N. "F" St.
(850) 436-5195

Site 5

Cobb Community Center
601 E. Mallory St.
(850) 436-5564

Site 6

Westwood Homes
4400 Westover Street
(850) 292-9868

Site 7

Bayview Senior Center
2000 E. Lloyd St.
(850) 436-5190

Site 8

Century Senior Center
6025 Industrial Blvd.
(850) 256-1012

Site 10

Cantonment Senior Center
132 Mintz Ln.
Cantonment, FL 32533
(850) 968-6259

Site 14

Westminster Retirement Village Bldg. 1, 1700 N. "L" St, 2nd FL
(850) 433-7642

Site 15

Westminster Retirement Village Bldg. 5, 1951 W. Blount St., 5th FL
(850) 433-5036

Site 18

Beulah Senior Center
7425 Woodside Rd.
(850) 941-6057

CAREGIVER SUPPORT GROUPS

Century
January 18th 6:00 PM
Century Care Center
6020 Industrial Blvd.

Pensacola
Alzheimer's Family Services
January 15th 2:30 PM
875 Royce St.

Jessica at (850) 266-2503
to arrange onsite respite.

January 25th 6:00 PM
Council on Aging of West FL
875 Royce St.

January 25th 9:00 AM
Myrtle Grove Baptist Church
5920 Lillian Hwy.

Grandparents Raising Grandchildren

January 11th 6:00 PM
Council On Aging of West FL
875 Royce St.
Pensacola, FL
Reservations Required
432-1475

Holly - Navarre
January 4th 8:30 AM
Intermediate School
1936 Navarre School Rd

